



POWER OF
FAMILIES

Bite-Sized Housework

5-10 minute tasks for common spaces:

- Dust baseboards, door ledges and other horizontal surfaces in living room and entryway
- Dust baseboards, door ledges and any other horizontal surfaces in family room
- Dust baseboards, door ledges and any other horizontal surfaces in _____
- Vacuum the stairs (especially the edges!)
- Dust baseboards on stairs and any hard surfaces on stairs
- Pick up family room
- Vacuum family room middle
- Vacuum family room edges
- Vacuum hallway middle and edges
- Pick up _____ (specific room)
- Vacuum _____ middle
- Vacuum _____ edges
- Straighten up coat closet/mud room/shoe area
- Bring laundry from all rooms to laundry room
- Sort laundry into darks and lights
- Sort 10 pair of socks
- Fold a load of laundry and put in piles for each person
- Clean mirror and dust any other glass in _____ bathroom
- Clean _____ bathroom sink
- Clean _____ toilet
- Clean _____ bathroom floor and baseboards
- Scrub out corners of _____ shower/tub surround
- Clean mirror and any other glass in _____ bathroom
- Clean _____ bathroom sink
- Clean _____ toilet
- Wipe down _____ bathroom floor and baseboards
- Scrub out corners of _____ shower/tub surround
- Shake out rugs in kitchen and bathroom
- Gather up all trash in the house and take it out for trash day
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Kitchen/Meal Jobs

Each week, everyone can choose ONE of these jobs that they'll do daily. OR each day, mom or dad can simply assign whoever's handy to do each of these jobs.

- Empty Dishwasher
- Fill Dishwasher
- Clear table and countertops and wipe them down
- Sweep the floor



Specific Job Directions

Dusting Directions:

- Use a slightly damp rag (have mom or dad check it).
- Use your finger inside the rag to get into the corners.
- Take things off horizontal surfaces before dusting. Dust the surface, then dust the things that go on the surface, then put the things back how they were.

Sink-cleaning Directions:

- Spray all over the bowl of the sink inside and out
- Use damp cloth to wipe down and polish sink
- Spray back splash and faucets
- Wipe down back splash and faucets
- Use fingernail inside rag to clean get into cracks around base of faucet
- Use fingernail inside rag to clean get into cracks around drain

Toilet Cleaning Directions:

- Lift up toilet seat
- Sprinkle cleanser inside the toilet bowl
- Scrub toilet bowl with scrubber
- Spray rim of toilet bowl and wipe down
- Spray and wipe down top and bottom of toilet seat
- Spray and wipe down top and bottom of toilet lid
- Spray and wipe down top and sides of tank
- Spray the base of the toilet and wipe down
- Spray around the toilet on the floor and wipe down
- Spray the inside and wipe

Vacuum Directions:

- To clean the middle of the floor, use the main vacuum and start on one side of the room and work your way across, going over each area 2-3 times. Make sure the vacuum is on the right setting.
- To clean the edges, use the hose and use the crevice cleaning attachment on carpets and the small brush attachment on hard floors

Your Bedroom Responsibilities (Your room must be picked up daily before bedtime. The following are required weekly – must be done before you can do fun activities on Saturday.)

5-10 minute weekly tasks

- ___ Dust baseboards, door ledges and headboard and footboard
- ___ Clear off night table and dust night table and lamp
- ___ Clear off dresser and bed-side table, dust top, dust and replace approved items that go on top
- ___ Vacuum middle area of floor
- ___ Vacuum edges with edge cleaning tool of vacuum
- ___ Put away clutter on desk/night table/dresser

Once-a-month tasks (might take up to 30 minutes):

- ___ Take everything out from under your bed, put away things that don't go under the bed
- ___ Vacuum under bed (corners too!)
- ___ Put approved stuff back under the bed (in containers, neatly)